

February 19th, 2023
Forgiveness (Cheesefare) Sunday

SUNDAY, 2/19 9:00 am Divine Liturgy (English) for all parishioners
10:30 am Divine Liturgy (Ukrainian) for special intention

MONDAY, 2/20 No Typica Service

TUESDAY, 2/21 No Typica Service

WEDNESDAY, 2/22 8:00 am Liturgy of Pre-sanctified Gifts

THURSDAY, 2/23 5:00 pm Typika

FRIDAY, 2/24 8:00 am Liturgy of Pre-sanctified Gifts and Sorokousty

SATURDAY, 2/25 4:00 pm Divine Liturgy for special intention

SUNDAY, 2/26 9:00 am Divine Liturgy (English) for special intention
10:30 am Divine Liturgy (Ukrainian) for special intention

Announcements

1-Day of Prayer and Fasting for Ukraine

February 24th has been declared a day of prayer and fasting dedicated to the anniversary of the terrible war in Ukraine started by Russia. We invite all to pray for Ukraine and its peace.

2-COMMEMORATION OF THE DECEASED: SOROKOUSTY

On Fridays during the Great Fast (Lent), we pray for all those who have fallen asleep in the Lord. If you would like to request that your departed loved ones be remembered by name during the services, please call to the church office.

3-THE GREAT FAST BEGINS

On Monday, February 20th we begin the Season of the Great Fast. During each Sunday of the past four weeks, the Church has been preparing us to begin our Lenten journey with a specific Gospel lesson and spiritual food for thought. Let us make every deliberate effort to be more prayerful, humble, merciful and forgiving, abstaining from both food and sin during the next forty days “for now is the season of repentance. Let us cast off the works of darkness and put on the armor of light” (from Forgiveness Vespers Stichera).

May our journey through the Great Fast be a true experience of spiritual growth and communion with our God who anxiously awaits our response to his love and forgiveness.

Our Church traditionally prescribed abstention from meat and dairy products in days gone by for the entire duration of Lent, the following minimal Lenten regulations are in force in our Eparchy:

*Upcoming Events
in Parish & Eparchy*

Feb. 20th – Great Lent begins
Mar. 25th – Feast of Annunciation
Apr. 2nd – Palm Sunday
Apr. 7th – Good Friday
Apr. 9th – Easter

- 1. Abstinance from meat and all dairy products for the First Day of The Great Fast, February 20, 2023 and on Good Friday, April 7, 2023.*
 - 2. Abstinance from meat only on all Fridays of Lent as well as Holy Saturday, April 8, 2021. We also recommend voluntary abstinance from meat on all Wednesdays of Lent.*
 - 3. Reception of the Sacraments of Reconciliation and Holy Eucharist during the Pascal season (from the onset of Lent to the Wednesday before Ascension Thursday). Fasting and Abstinance regulations are not binding on persons 60 or older, the very poor, sick, nursing or pregnant women, children before the age of 14, and those who engage in physically very hard labor.*
- Prayer and almsgiving oblige all!*

Sunday Readings

Holy Gospel

Matthew 6: 14-21

For if you forgive others their trespasses, your heavenly Father will also forgive you; 15 but if you do not forgive others, neither will your Father forgive your trespasses.

16 “And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. 17 But when you fast, put oil on your head and wash your face, 18 so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.[f]

19 “Do not store up for yourselves treasures on earth, where moth and rust[g] consume and where thieves break in and steal; 20 but store up for yourselves treasures in heaven, where neither moth nor rust[h] consumes and where thieves do not break in and steal. 21 For where your treasure is, there your heart will be also.

Quotes from the Saints

“He who possesses God lacks nothing: God alone suffices.” **St. Teresa of Ávila**
“Spread love everywhere you go. Let no one ever come to you without leaving happier.” **St. Mother Teresa of Calcutta**
“Life with Christ is a wonderful adventure.” **St. John Paul II**
“Fear not, I am with you; be not dismayed; I am your God. I will strengthen you, and help you, and uphold you with my right hand of justice.” **Isaiah 41:10**

THANKS FOR YOUR GENEROSITY

Sunday collections for the weekend of 2/12/23, including envelope offerings - \$630, donations -\$602, candle -\$40
Weekly budget: \$1250, Income \$1272

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Confession before or after Divine Liturgy.

Confession is recommended as a regular monthly practice. The graces received from confession are an excellent way to help us become closer to Jesus.

*THE CHURCH WAS A MOTHER TO YOU IN LIFE, PROVIDING FOR YOUR SPIRITUAL NEEDS;
PLEASE REMEMBE YOUR PARISH AND THE EPARCHY OF SAINT JOSAPHAT IN PARMA IN
YOUR LAST WILL AND TESTAMENT.*